

HOMELESS APPEAL UPDATE

Find out about our Christmas appeal success

FREE

wearenugent.org

together

#8 | Spring 2019



BULLY BUSTERS

FOOD MARKET

Community food market continues to grow

THEATRE FUN

Liverpool Empire provides our children with fab experience

ALSO IN THIS ISSUE: ADOPTION UPDATE, VOLUNTEER STRIKES GOLD, AUCTIONS, XMAS ROUND-UP AND MORE!

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welcome

from Normandie Wragg, Nugent CEO

Hi everyone, welcome to Issue 8 of **Together**.



This issue highlights the diversity of Nugent's family.

Our charity shop in Allerton celebrates its tenth anniversary this year and given the competition in the high street, we are really proud of that, as well as the team of volunteers who along with Jeannette, have made it a success.

We also focus on how we support and nurture children and young people, allowing them to grow and develop into adults, providing them a future, be it a new family, an education or a place to live. This has been a thread running through our organisation since it's inauguration by Father Nugent 138 years ago.

We are very proud when we see our young people moving into adulthood, developing their own paths and taking the first steps on their life's journey.

It is supporting people that drives us, giving hope and love to those in need. We do it with passion, as you can see in the stories in this magazine, and without our volunteers, donors and friends, we couldn't do half as much, so thank you.

Normandie

upcoming events

2019

- 25 April** Adoption: All the Info!
St Helens
- 16 May** Phil Thompson Golf Classic
- 12 June** Good Shepherd Mass
Metropolitan Cathedral
- 18 June** Good Shepherd Mass
St Mary's, Leyland
- 17 June** Abseil for Nugent
Anglican Cathedral, Liverpool

For more information about any of our upcoming events visit wearenugent.org or call 0151 261 2000.



0151 261 2000



info@wearenugent.org



wearenugent.org



99 Edge Lane,
Liverpool, L7 2PE





...from our inauguration under Father Nugent in 1881, to the present, we have upheld the voice of the voiceless and provided care and shelter to the most vulnerable in our communities.

caring for children and young people

In this issue of **Together** we are focussing on how we support and nurture children and young people, allowing them to grow and develop into adults, providing them with a future, be it a new family, an education or a place to live.

This thought has been the cornerstone throughout our history, from our inauguration under Father Nugent in 1881, to the present. We have upheld the voice for the voiceless and provided care and shelter to the most vulnerable in our communities.

Recent media articles* have offered a negative perspective on private children's residential homes, and addressed the financial impact upon children's services of the increasing

numbers of children coming into Local Authority care, focussing on the increasing role of the private sector in the provision of children's homes and foster care services.

We welcome the light being shone on the sector and the questions and debate that these articles raise. However, we also feel compelled to voice the important point that as a registered charity, which has been delivering services for over 138 years to vulnerable children and adults in our community, we are the stewards of charitable funds which are reinvested into our charity rather than profiting investors or private stakeholders.

We operate to benefit our service users and we are not beholden to shareholders, which enables

us to focus on offering nurturing, safe and therapeutic residential and specialist educational placements to the most vulnerable, at risk children and young people in our society. This is without the added issue of conflicting financial interests. As a charity we rely on the support of individuals and businesses across our communities. The support we receive, be it through donations, fundraising, legacies or sponsorship, helps provide the extras that our service users require, e.g. providing the basics for homeless people coming into our care, or enabling us to help a child in care find a family.

(*The Guardian 5 December 2018; 'Private firms are making big money out of children's social services' by Ray Jones; 'The Guardian view on children's homes: on the edge of chaos', 12 November 2018)

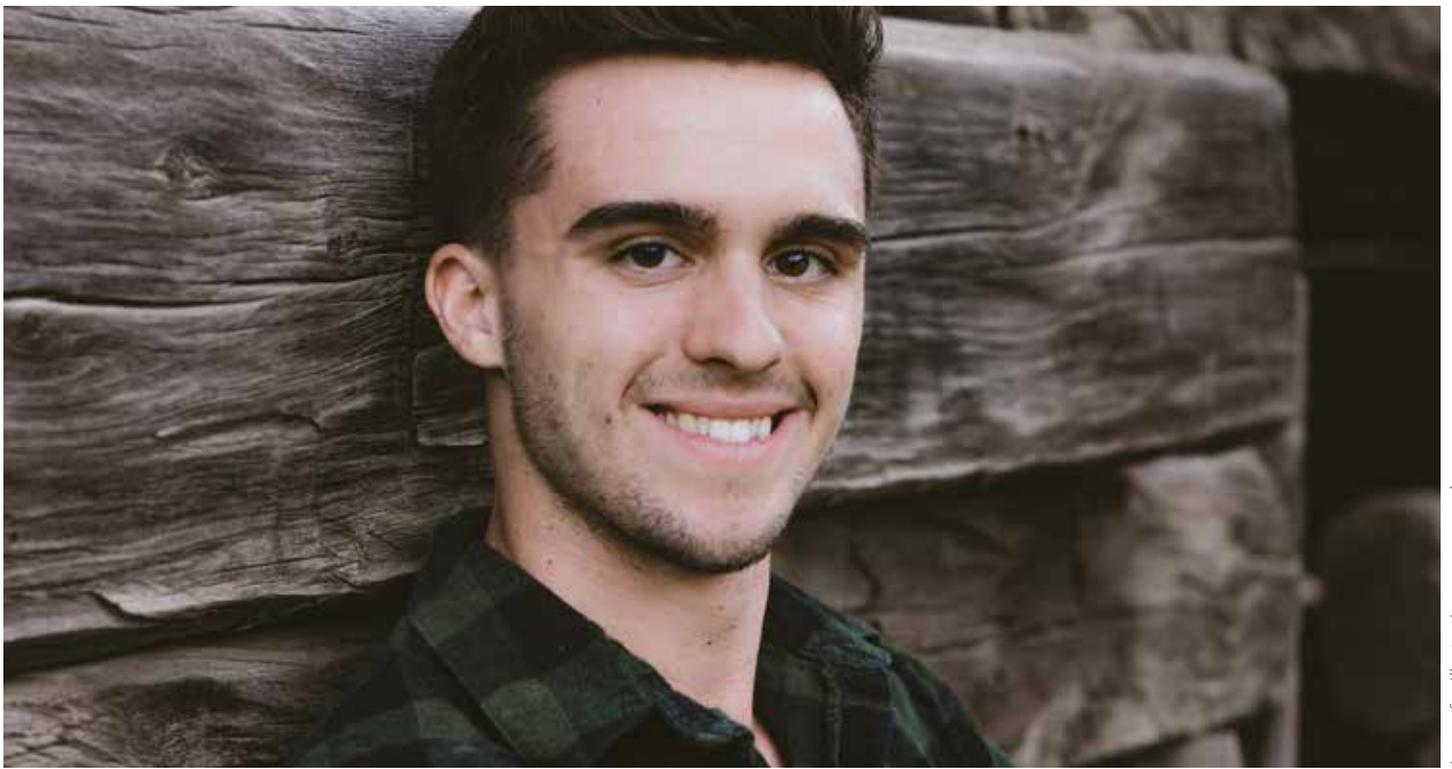


Image for illustrative purposes only

a new beginning

Our Housing Support Unit (HSU) works with partners across the city to help homeless people and those in crisis through our New Beginnings Project by providing temporary accommodation, practical support and advice, which enables people to get back on their feet, live independently and move on to their own tenancy.

Recently we were able to help a young man in his early twenties called Oliver, and his mum.

Oliver's mum is a former Royal Ulster Constabulary (RUC) officer and they were forced to leave Northern Ireland at short notice following threats from the IRA; they arrived in Liverpool with only the clothes they were wearing. The RUC provided some support to help them travel but not enough to help them find accommodation.

When Oliver and his Mum were referred to Nugent, we were able to direct them to the right services, initially for support with

Oliver's autism, and to enable his mum to apply for the right benefits. We were also able to provide temporary accommodation.

We housed Oliver and his mum for eight months whilst arranging a planned move with a social landlord into two flats adjacent to each other. This enabled Oliver to have some independence, but also security, knowing his mum was just next door.

Oliver is severely Autistic, he needs help dressing, he has to colour coordinate his food and he likes really set routines. Any changes throw him completely and cause him to be physically sick and lead to migraine headaches.

Oliver is an extremely gifted mathematician, and has Savant Syndrome, a condition in which someone with significant mental disabilities demonstrates abilities far in excess of average, but has very poor social skills.

We enabled his settlement by directing him to the right support services in Liverpool, ensuring he had support workers and services that could help him manage his life better.

Once settled, we helped Oliver apply to university to study Quantum Physics. He received three offers and accepted a place at the University of Manchester and is now in his second year.

The university have put in place a robust support package to enable Oliver to continue his studies and manage his autism. This has given him confidence and independence, and allowed him to put his life back on track.

Oliver's mum is now settled in Liverpool and has expressed her gratitude to Nugent for being there when they needed someone, but also for going the extra mile to help Oliver achieve his dreams.

homeless appeal in numbers

In the lead up to Christmas our appeal **#andhomeless** aimed to raise funds to provide the basic needs of someone facing homelessness.

And through our supporters generosity we raised £18,954.35 which will help us to provide a future for more people and families this year through our New Beginnings project.

TOTAL **£18,954.35**

The Hut Group
£3,897*
Christmas sacks,
jumpers and t-shirts

Pyjama Party Liverpool
£500*
Pyjamas

Donations
£3,707.35

Toys
£6,000*

£4,500*
Food hampers

Mashbo
£350*
Website



identifying bullying

Bullying is an increasingly complex problem for young people, and research shows that young people in care are among the groups who are most vulnerable to bullying, reporting twice the level of bullying of children in primary years and four times more than other secondary school children*.

A report by the Social Exclusion Unit stated that 60% of looked after children consulted during the study reported being bullied at school, compared with just 10% of all pupils.

Children in care say that bullying is their top concern, often making the lives of victims miserable and suggesting it can undermine their confidence and self-esteem, and destroy their sense of security.

There is also strong evidence to suggest that the correlation between looked after children and bullying increases with age. Data from the Longitudinal Study of Young People in England

(LSYPE) survey found that looked after children aged 14 years were 1.56 times more likely to be bullied than those who had not been in care, 1.72 times more likely to be bullied at age 15 and 1.75 times more likely to be bullied at age 16**.

Fionnghuala (Finn) Austin, an Edge Hill University Social Work Student, took these findings as a starting point to develop a series of workshops which she ran during Anti Bullying week last November to gain an understanding of how bullying in care manifests itself and to see how it differs from mainstream schools environments.

Finn worked with Sarah Watkinson, Deputy Registered Manager at Nugent House Residential, and a group of young people living in our care with the aim of looking at the subject of bullying in the home, to help staff and young people better understand what bullying is and how to deal with it.

The workshops were designed from research and conversations with staff and the boys, and were aimed at three different groups based on age. The workshops allowed the boys to explore the issues, question the idea of bullying and understand if it was actually happening in their home.

They were able to explore the roots of bullying, how to deal with a bully, the effects of bullying and crucially, question themselves about their own behaviour; were they guilty of bullying too?

The boys who took part were very engaged in the subject, showing an interest in what constitutes bullying, and the conversations opened up a lot of issues around the different forms that bullying can take from the obvious physical bullying to the more hidden aspects of online bullying.

The boys were all able to use the workshops to express their



Left: Some of the boys who took part in the project with NHR Deputy Manager Sarah Watkinson
Above: Some of the artwork created by the boys

Nugent House Residential

Nugent House Residential in Billinge provides a home for boys aged 7-19 with emotional behaviour and mental health needs through specialist therapeutic residential support in 8 residential houses where the boys have their own room with en-suite facilities.

All of the boys living with us are supported by a team of care and support workers who work with them to prepare them for all the opportunities, responsibilities and experiences of adult life.

The boys also have access to the full National and Nurture Curriculum at Nugent House School on the same site.

own feelings about bullying and were able to input into Finn's projects in positive ways. They openly talked about their own experiences and discussed how they felt that bullying was a part of life. They talked about when they had experienced bullying and even being a perpetrator of bullying. They were then able to discuss how that felt and how it felt for someone else.

As a follow up, they boys were asked to develop anti-bullying posters as a way of showing what they felt needed to happen to tackle bullying at Nugent. Through this they were able to show support to others at Nugent House Residential who may be unable to talk about problems they were facing.

The boys said they were proud that some of the issues they had raised at the beginning of the project around bullying were now being taken seriously and this gave them confidence to raise concerns in the future.

Declan, one of the boys who took part, said:

"The workshops were really good. I was pleased that we could deal with this issue and felt confident talking about it. Bullying isn't good and we have experienced less of it since we did the workshops."

Sarah Watkinson, Deputy Registered Manager said:

"The project really had an impact. It helped the boys to open up about bullying, and talk about what was going on for them, and others and how they can support each other. The boys were very engaged and it was great to see how open they were."

Nugent House Residential has a Youth Forum, led by some of the boys, which aims to provide an opportunity for the boys to communicate better with staff and for them to raise issues and find solutions to problems. Some of the boys on the forum took part in the workshops

and have vowed to ensure the subject of bullying stays on the agenda.

Our Marketing and Communications team are producing a short film about the project, which will highlight the outcomes and reflect on the journey the boys have been on during the project. This will be released in the coming months.

*Safe to Play report 2008

**National Centre for Social Research, 2010



Finn Austin

adopted children numbers down

Recently published Government information revealed that the number of children and young people being taken into Local Authority care increased last year to over 72,600. Conversely, the number of children being adopted has moved in the opposite direction to a low of 4,350.

Nugent Adoption has been creating families for over 75 years and our new Head of Family, Steve Hargrave, commented that whatever the causes of the decline in the number of children being adopted, for each of those children who are waiting for their forever family, it is an individual tragedy which can impact on their life chances throughout childhood and beyond.

Steve said, *“At Nugent Adoption, we are committed to ensuring all children get the best start in life and I would encourage anyone who is considering adoption to get in touch with us and find out more.”*

“Being an adopter with Nugent Adoption means you become part of a local, supportive adoption community. Adopters receive extensive local support, not only during the adoption process but throughout the young person’s childhood. Adopters come from various backgrounds and there are very few barriers, but you must have the motivation and desire to parent a child into adulthood.”



Dispelling the myths about adoption

All kinds of people adopt

As long as you’re over 21, are a UK resident and don’t have any criminal convictions against children or vulnerable adults, you can be considered for adoption. Marital status, age, sexuality, religious beliefs, ethnicity, employment status and disability don’t exclude people from adopting.

You don’t have to be ‘perfect’

Nobody’s perfect, and we certainly don’t expect prospective adopters to be! Quite often, it’s overcoming adversity in your own life that gives you the skills and qualities that can benefit vulnerable children. Resilience and empathy are vital. So don’t feel you need to put on an act and be the person you think we’re looking for. Just be yourself. You’ll have strengths you may not have even considered before.

Be open and honest right from the beginning

There may be aspects of your life you don’t feel comfortable sharing but we need to know you inside and out, whether that’s a criminal conviction or a difficult past relationship, we need to know everything so we can best represent you to the adoption panel.

You’ll learn a lot about yourself. Many of our adoptive families say that going through the adoption process was actually quite therapeutic and strengthened their relationship as a couple or with other family members. We spend a lot of time talking about your life and you may examine areas that you haven’t really talked about before.

It’s ok to say no if the match doesn’t feel right

Once you’ve been matched with a child, don’t be afraid to express your doubts if it doesn’t feel right. I think people feel scared to say no, particularly if they’ve waited a long time for a match, but it’s so important to make the best decision for your family. We’ll support you through that decision process, so don’t be afraid to voice any concerns.

It can feel overwhelming at times

The adoption process is often described by adoptive families as ‘intense’ and you may feel overwhelmed at times, particularly when your child or children finally come to live with you. It’s completely normal to feel this way and doesn’t mean you’ve made a mistake. We’re here to support you whenever you need us.

If you are wanting to make the next step on your adoption journey, we would love to hear from you. Please give our friendly team a call on **01744 613041** or by email **adoption@wearenugent.org**. You can find out more about adopting with Nugent Adoption at **nugentadoption.org**.



Volunteer Sue and Deputy Manager Naira

little shop of treasures

With an estimated 11,200 charity shops currently in the UK*, the presence of charity shops on the high street has never been more prevalent. The home of our charity shop remains firmly established in the heart of South Liverpool, on the bustling Allerton Road. As our shop, often regarded as a community in its own right, looks forward to celebrate its tenth anniversary later this year, we've been chatting to Jeannette who has been the shop's manager since it first opened its doors in September 2009.

Our shop is often compared, by its customers, to a well known German supermarket chain that has also grown in popularity in the last 10 years, such is the variety and the competitive prices of the 500 plus products the shop sells on average each week. There is one key difference though, the staff at our shop will bag your products for you at the till. The shop values the donations received by customers who donate time and time again; many of whom have become ambassadors for the shop. The interaction with customers, which has vastly contributed to the shop's success over the years, has enabled the shop to support our services and reach more vulnerable children and adults locally.

Women's clothing is the shop's biggest seller, making up 60% of the weekly average sales. Over the years, the shop has received a number of interesting donations, ranging from a selection of collectable WWI military postcards to a 'mourning brooch', dating back to 1776, that contained the original hair of the person being remembered. The latter item was eventually sold on the shop's Ebay page for £400.

Jeannette would not be able to run what has become an integral part of the Allerton Road shop community without an army of 22 volunteers; half of whom have been loyally volunteering at the shop since it opened and regard the shop's community as a "family." For Jeannette, the volunteers who support her on a daily basis are a vital piece of the jigsaw and she thoroughly enjoys supporting, motivating, training and developing them.

One of those army of volunteers is Sue, who began volunteering at the shop after retiring from her job in a corporate environment encouraged her to think about doing "something useful for a couple of hours each week". Sue thoroughly enjoys her role within the shop and enjoys chatting to customers. She is encouraged and supported by Jeannette and says the donations

the shop receives are "wonderful and couldn't be better anywhere else."

Naira began volunteering at our Central Office and later at the shop, becoming Deputy Manager in 2011. When asked what was so special about our shop, Naira, without hesitating, responded:

"Jeannette, the customers, the atmosphere and the donations, as everything that is donated is so different and special, especially the bric-a-brac donations as these are often very unusual."

The shop is one of the most popular charity shops in the area, with a lot of regular customers. The team have sold over 40,000 items this year and raised over £90,000 for our community services.

So if you're having a clear-out, looking to free up some space or have some unwanted gifts, we would be happy to take them.

You can drop goods off at the following locations, or we can collect from you.

Charity Shop: 73 Allerton Road, Liverpool, L18 2DH,
9.00am - 4.45pm
0151 737 2951

Nugent Central Office:
99 Edge Lane, Liverpool, L7 2PE
9.00am - 5.00pm
0151 261 2000



continuing to support those in need as new fundraising team rises to the challenge

Since our beginnings in 1881, we have been at the heart of our communities, providing that vital safety net for vulnerable children and adults. We simply couldn't have done it and wouldn't be where we are today if it wasn't for the support of our parishes, schools, community groups and supporters, carrying on the good work of our founder, Father James Nugent.

Here in 2019 things are no different. We continue to provide residential services for the vulnerable in our society and although a proportion of this work is funded through local government, austerity and cuts to local authority budgets do impact our income, which means that we rely on the support of our fantastic fundraising volunteers and supporter groups more than ever. Working alongside our Caritas team, the additional support we generate through fundraising makes a huge difference to the services we provide at grass roots level, some of which you can read

about in this issue of **Together**.

In recognition of the importance of fundraising and of the need to grow charitable income, Nugent has expanded and changed the focus of fundraising activities and added a number of new members, as well as a familiar face, to the team.

Head of Strategic Relationships and Major Giving, Alison Gilbody, joined the team in early 2018.

"It's great to be working for such a fantastic charity. The work we do and positive outcomes we achieve for children, adults and the wider community, makes a huge difference and the more we can help through our fundraising efforts, the bigger impact we can make."

Engaging with our supporters is key and we've also got some big ambitions and new fundraising initiatives that I'm sure will be of interest to people, so watch this space!"

The team have a broad range of experience gained from working in the hospice sector, as well as in local and national charities. There's also a familiar face, that some may recognise. Fran D'Arcy, who previously worked at Nugent from 2013-2018, rejoined us in early December as Community Fundraiser. *"I'm really pleased to be back"*, says Fran, who's been busy out and about, reacquainting herself with supporters, parishes, as well as school and community groups.

"I'm keen to talk to our supporters old and new and share what we've got planned and how community fundraising initiatives such as the Good Shepherd Appeal can really help support our service users."

Zoe Donoghue is the Corporate Partnerships and Events Fundraiser and successfully organised our fantastic Strictly event at St George's Hall in October 2018.

Zoe has a wealth of experience



The Fundraising team, L-R: Danika Leahey, Zoe Donoghue, Alison Gilbody and Francesca D'Arcy

organising corporate and mass participation events for the private and voluntary sector.

"I'm looking to organise a range of new events this year, from dog walks and tea dances, to sporting and challenge events. I'm also very keen to talk to the business community, so if there are any companies that would like to get involved by taking part in some of our challenge events or nominating us as their charity of the year, we'd love to hear from you".

The newest recruit to the team

is Fundraising and Business Development Administrator, Danika Leahey. Danika liaises with supporters on a daily basis, recording income and thanking those who've donated, as well as ensuring that we manage and grow our supporter database effectively.

"It's really important we stay in touch, but that our communication is timely, effective, but not too intrusive. If you've got a preference on how you'd like us to communicate with you, please do get in touch and let us know."

Danika is also the sporty member of the team. She got the running bug several years ago after taking part in the couch to 10k challenge and has been a prolific fundraiser in her spare time. Working alongside Zoe, she is keen to encourage people, to participate in a range of activities in support of Nugent.

"You can't ask people to fundraise for you unless you're prepared to get stuck in and do it yourself as well!"

Ways you can get involved

Run, walk, jog, dance, or simply help fill a collection box for us, there are a variety of ways that you can get involved and support Nugent.

To take part or if you have a good fundraising idea, get in touch:

0151 261 2000

fundraising@wearenugent.org

wearenugent.org

Take on Thommo

Challenge our Patron Phil Thompson on the golf course followed by a three-course meal and entertainment with guest speaker Jan Molby.

Thursday 16 May

Take a leap of faith

Got a head for heights? Abseil from the top of the Anglican Cathedral in aid of Nugent.

Saturday 17 August



A Nugent supporter at our last abseil in 2016

go paperless

We appreciate that some of you enjoy having **Together** posted out to you, making sure you don't miss it, and that you enjoy reading the print copy of your magazine.

However, did you know we also produce a digital version that costs us £0 to make, that we email to over 600 subscribers, who receive it before everyone else!

It costs us approximately £1.40 to print and post the magazine out to you and as we print and post over 1,200 copies, this makes a total of £1,440 to make sure we get your magazine to you.

We could save all of the print and mailing costs by emailing you the digital version that you can read at your convenience, on any device.



If you would like to support our efforts to reduce costs by going paperless, please email your details to:

marketing@wearenugent.org. Alternatively, you can complete and return the form below.

Do not worry; if you prefer a print version, unless you decide to go paperless, we will continue to post you the magazine.

Ways to donate

You can add your support to the projects mentioned in the magazine, and help us support the people we care for across the region.

You can do that easily online, go to our donation page online at wearenugent.org/donation-form

giftaid it

Boost your donations by 25p of Gift Aid for every £1 you donate

Gift Aid is an income tax relief designed to benefit charities. If you're a UK taxpayer, Gift Aid increases the value of your charity donations by 25%, because we can reclaim the basic rate of tax on your gift – at no extra cost to you.

To enable us to claim gift aid for your donation, all you need to do is fill out a Gift Aid Declaration form when you donate. This is a statement from you to us confirming that you want to donate through Gift Aid and receive tax back on your donation.

I would like to continue to receive updates from Nugent		Yes [<input type="checkbox"/>]	No [<input type="checkbox"/>]
My preferred contact option is/are:		Post [<input type="checkbox"/>]	Email [<input type="checkbox"/>]
Please provide your email address:			
If the name, address and postcode above are correct please tick here [<input type="checkbox"/>]			
Please inform us of any changes to your details below			
Name			
Address			
	Post Code		
Alternatively, email your details to marketing@wearenugent.org		Please return completed form to: Nugent, 99 Edge Lane, Liverpool, L7 2PE	

hammer time



BBC Flog It! presenter Adam Partridge has supported Nugent since 2014 and helped us to raise additional funds and also awareness for the charity.

The most notable fundraising activity has been our presence in his Baltic Triangle based Liverpool Saleroom. Once a month, our wonderful team of volunteers have run a refreshment bar on viewing and

sale days in aid of Nugent. This initiative has raised more than £5,000 which has supported a number of our services over the years.

Adam's charitable efforts have not been exclusive to the refreshment bar. He also co-hosted our inaugural Strictly Nugent in 2016 and continues to support the charity by auctioning any items of interest or value

that we receive via our Charity Shop.

Members of the Fundraising team recently caught up with Adam to present him with a certificate of thanks for the saleroom's incredible support over the last five years. Adam was delighted to see that such a significant amount has been raised over the years for the charity.



gold fingers

David Hann has once again struck gold and found a half gold sovereign in one of the many bags of foreign currency donated to Nugent.

David has been a volunteer with us since 2005 and has been sorting through the many bags of donations from parishes of foreign and old coins and notes since 2007.

We asked Adam Partridge Auctioneers, the Liverpool Saleroom, to take a closer look at the coin and they confirmed that it indeed is a half gold sovereign dating back to circa 1907. They estimate that it will be sold under the hammer at auction for £80-£100, of which all monies raised from the sale will support the work of the charity.

empire provides theatre fun



The Liverpool Empire Theatre have been very generous recently, providing tickets for some of our young people and adults to the theatre.

A group of the girls from Clumber Lodge went to see the ballet Swan Lake. Sister Benedicte, Clumber Care's Registered Manager said:

"I saw the girls before they left for the theatre and they were so excited, one of the girls said, "Sister, this is my dream come true." I was so touched that we could make it happen for them.

They both enjoyed it so much, they loved it and even gave a standing ovation. The following morning they were still buzzing saying that it was absolutely wonderful.

Thank you to the staff at the Empire and in particular to Natalie for helping make a dream come true."

Later in December, groups from Wigan ICS, Nugent House Residential and Clumber Lodge had a very fun filled festive trip to see the panto, Jack and the Beanstalk.

The feedback from all was very positive and everyone had a brilliant time and loved every minute of the show.

So, a big thanks to the staff at the Liverpool Empire, and in particular, Natalie Flynn, Head of Creative Learning and Community Partnerships, who also supported us by dancing at Strictly Nugent in November 2018.

Creative Learning and Community Partnerships is a dynamic department in the Liverpool Empire Theatre. The highly skilled team encourage engagement with the theatre and performing arts through the delivery of a high quality programme of cultural education – locally driven with national significance.

The department works in partnership with schools on their Artsmark Award journey and can deliver the Discovery and Explorer Arts Awards through activities to provide the perfect qualification for young people to formalise their learning in the arts.

As well as providing post show activities inspired by shows at the Empire, the Creative Learning and Community Partnerships department run after school clubs in dance, drama and musical theatre, which take place over a 10-12 week term after school. The team can also create a week's activities at your school or meeting place that are uniquely tailored to complement and enhance the curriculum.

Backstage tours and talks can be tailored to meet the needs of your groups so whether you are keen to find out the history of this magnificent Grade II listed building, interested in discovering more about careers in the theatre industry or fancy going on a ghost hunt, there's a tour just for you.

For information or to book workshops please email liverpoolcreativelearning@theambassadors.com, call 0151 702 7339 / 0151 702 7337 or visit atgtickets.com/liverpool

Supported by The Empire Theatre (Merseyside) Trust Limited, Reg charity no. 509 458

spaces for hire

We have two fantastic spaces for hire on the former Clarence High School site on West Lane, Formby.

Theatre

- Retractable seating for up to 100
- Stage with full lighting rig, sounds facilities and curtains.

The Theatre space is very flexible and can be used for theatre and dance performances, for awards nights, conferences, presentation days and more.

Sports Hall

The hall has basic changing facilities and can be used for 5-a-side football, volleyball, badminton, training sessions, and we can also cater for sport parties using the upstairs dining area.

Please call our Central Office on 0151 261 2000 for further information and to booking.



BIN BAG CHALLENGE

A bin bag full of items such as clothing, shoes, handbags, books, bric-a-brac, etc. could be worth up to £20!

How many can you fill?

To continue to support over 6,000 vulnerable children and adults across the North West, our charity shop is in need of donations.

Charity Shop

73 Allerton Road, Liverpool, L18 2DH
0151 737 2951
(Monday - Saturday, 9am - 4.45pm)

Central Office

99 Edge Lane, Liverpool, L7 2PE
(Monday - Friday 9am - 5pm)

Unfortunately, we cannot accept the following items:

- Toys
- Electrical items
- Furniture

For more information contact our Fundraising Team on:



0151 261 2000



fundraising@wearenugent.org



wearenugent.org



**99 Edge Lane,
Liverpool, L7 2PE**



Share your achievements using #binbagchallenge



christmas cruisers

The Southport Cruisers and friends brought the traffic of Formby to a standstill as they made their annual motorbike ride to one of our children's homes, Clumber Lodge.

With Santa leading the way, club chairman Peter Robinson and organiser Debbie Merrifield, along with 52 bikers, delivered gifts, chocolates and an amazing donation of £530.50 to Clumber's Registered Manager, Sister Bendicte.

Sister Bendicte, who has been with Nugent for over 40 years said:

"Every year the Cruisers make Christmas so special for our children; we are so grateful to them."

festive goods for all

December is one of the busiest months of the year for our staff and 2018 was full of festive spirit at our Central Office on Edge Lane, Liverpool.

As always, we reach out to people in need. However, we could not do this without the generosity of our supporters and the public and once again you did not disappoint and it was great to meet those who were able to deliver festive donations. Individuals, schools, parishes, sports groups and local

businesses including Central Group, Knowsley and McColl's, Southport and Liverpool, delivered in vehicles packed to the roof tops with toys, clothes, books and food.

Local companies Barclays Bank, Wavertree and Vitaflo International, Brunswick Business Park, kindly offered the services of their staff who sorted, wrapped and packed the goods, creating over 300 food hampers.

Our toy collections which included toys donated by children at the Schools' Advent Services at The Metropolitan Cathedral of Christ the King, Liverpool enabled us to pack over 1,300 toys into festive Santa sacks donated by The Hut Group, Warrington, and topped up with Christmas Pyjamas donated by Pyjama Party Liverpool.

It was a huge success and put smiles on many of our service users and others out in our communities this Christmas.

light up a life

Tuesday 18 December 2018 saw many lights shining brightly in the Metropolitan Cathedral of Christ the King, Liverpool, as hundreds of people gathered to remember loved ones at our annual Light up a Life remembrance service.

The service, which was led by Bishop Tom Williams was the first year we introduced the lighting of candles at an extremely poignant part of the service when the names of everyone to be remembered were read out. Guests who attended the service were invited to the Gibberd Room afterwards for refreshments, which were kindly donated by Jack's, Edge Hill, with special thanks to Pete from the store for kindly supporting the event.

We had an excellent turn out and thank you to everyone who kindly dedicated a light and star on the tree in memory of a loved one. £2,298 has been raised, which will support our vital work across our communities.

We would like to thank the following for their support:

- Bishop Tom Williams
- Metropolitan Cathedral of Christ the King, Liverpool
- Peter Benson, High School Chaplain at Archbishop Beck Catholic High School
- Phil Johnson, High School Chaplain and students from The Academy of St. Francis of Assisi
- Dr Michelle Goodwin, High School Chaplain and students

at High School Chaplain at Hope Academy

- Kasia Boydell, High School Chaplain and students at Broughton Hall Catholic High School
- Jackie Hilton, Learning Support Manager and students from the Federated Schools of St. Cuthbert's and St. Sebastian's Catholic Primary Schools
- Staff from Lloyds Banking Group Contact Centre, Speke.

This year's Light up a Life service will take place on Wednesday 4 December 2019 at 12.30pm at the Metropolitan Cathedral of Christ the King, Liverpool.

THE GOOD SAMARITAN

Join the journey, walk in faith

good shepherd

The theme for this year's Good Shepherd Appeal is *The Good Samaritan: Join the journey walk in faith*, linking in with the Synod and regarding everyone as your neighbour and therefore your neighbour being anyone who is in need of our help.

This year's Good Shepherd Masses will take place on:

Wednesday 12 June 2019 at the Metropolitan Cathedral of Christ the King, Liverpool at 1pm.

Tuesday 18 June 2019 at Leyland St. Mary's at 10.45am.



in your name

The theme for this year's *In Your Name* appeal is ***Blessed are the poor and those that serve them.***

This will take place on the fourth Sunday of Lent, 31 March 2019. This is also Mother's Day.

community food market growing

The success of the The Community Food Market initiative at St John Stone Parish in Woodvale has been overwhelming and we have now launched a new service at our Epsom Street Community Centre in Kirkdale.

The market at Woodvale is very popular, with approximately 60-80 people attending each week with numbers increasing weekly and is supported by Micah and Fareshare with food coming from local supermarkets including Tesco, Coop, Lidl and Sainsbury's. Knowsley Mutual Credit Union also provide drop in advice sessions.

The new Community Food Market in Kirkdale aims to give people living in the area a chance to purchase their own food and supplies at greatly reduced

prices; this also removes the stigma that can be associated with food banks.

We consulted with residents in Kirkdale, to ensure the service fulfils the needs of the community, and some of them visited the Woodvale market to get an idea of how it worked.

Local supermarket Sainsbury's, Great Homer Street, are supporting the market by providing items which are distributed free, with a limited amount for each person, so everybody gets an opportunity to access these donations.

We are also working again with Micah to help spread the word locally so people from surrounding areas can benefit from the Community Food Market.

Additionally, we will be providing our own drop-in sessions at the market with advice on managing finances and benefits from our Housing Support team.

The market will be run by our Caritas team at Nugent and Micah, with the support of local volunteers, who will help with collecting, setting up and supporting the market on a weekly basis.

A new aspect for the Kirkdale market will be the addition of cookery sessions, making full use of the amazing kitchen facilities at Epsom Street, donated by John Lewis in 2017.

These will be run by Micah and will provide an opportunity for residents to come along and learn how to make healthy meals from the food available at the market.



The market at Woodvale near Southport



hellen
beresford

Referrals and Placements Manager

I am a Social Worker with a background in Child Protection and I joined Nugent last October. My role involves working closely with Local Authority Children's Social Workers, Commissioners, Special Educational Needs teams and Nugent's fantastic Care and school colleagues to identify and secure suitable residential and education placements for vulnerable young people who are not able to live with their family or in a foster care setting for a variety of reasons.

By carefully matching the individual complex needs of each young person to the right provision, I aim to ensure that our residential children's homes or Nugent House School are able to meet their short or long term care and special education needs. These young people can be traumatised, extremely vulnerable, often have additional needs and may have experienced significant abuse, loss and instability. Being part of an organisation that enables young people to feel safe, supported and nurtured to enable them to move forward successfully and safely with their lives and make positive change, is incredibly rewarding.

My job in six words...

Humbling, harrowing at times, extremely worthwhile.

Highlights...

...being involved in the change journey for our most vulnerable children

Not many people know...

..I speak Catalan as I previously lived in Spain for 10 years when my children were young.

My favourite possession...

..my fast car – I love driving.

My hero/heroine...

Currently it is Barak Obama. I have a pretty big crush on him too.



We are always on the lookout for passionate, dedicated, exceptional people to help us care, educate, protect and inspire those in need.

From Relief Support Workers to Kitchen Assistant, from Learning and Development Officer to Activities Co-ordinator - there are opportunities with us to find a career you'll love.

For more information about any of our open vacancies, please visit wearenugent.org/careers

Nugent Patron and LFC legend Phil Thompson hosts our annual Golf Classic



the annual phil thompson golf classic

Thursday 16 May 2019

Houghwood Golf

Billinge Hill, Crank Road, Crank,
St Helens, WA11 8RL

PACKAGE DETAILS

£395 per team of 4 includes:

- breakfast
- full 18 holes
- shotgun start
- buggy hire included
- on course refreshments
- hole competitions
(longest drive/nearest pin)
- 3 course dinner
- presentation and awards
- after dinner speakers

Guest Speaker
LFC legend Jan Molby

 **Book now**

 **0151 261 2000**

 info@wearenugent.org

 wearenugent.org

 99 Edge Lane,
Liverpool, L7 2PE



All funds raised at the Phil Thompson Golf Classic will go directly to help provide support for vulnerable children and adults in our communities.

 **nugent**